

# NEWSLETTER

Issue 21a

Summer 2017

## HOLIDAY SEASON

- Travel is exciting, the chance to experience new cultures, different landscapes, eating exciting food and doing the things you have always dreamed of.
- To ensure you bring back travel memories you'll treasure, you need to make travel vaccinations part of your travel planning checklist.
- Prevention is better than cure, please discuss with your doctor if you are going overseas as to whether you need travel vaccines.
- **Plan ahead**, some travel vaccines have to be given in courses at least two months ahead.



Having a blood test, smear or other investigation?

- ... Already registered on our Patient Portal?
- ... Want to save time & hassle phoning the nurse for your results?
- ... Why not ask your doctor if you could receive your next results through the patient portal?

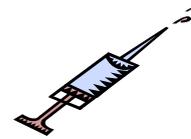
The next level of the portal, after making appointments & ordering repeat prescriptions, is the facility to view your results online. There is a process & criteria involved in accessing this facility, and it is not available to everyone, but why not ask your GP when they give you your next lab form?

**Please note we are currently NOT accepting new patients at the practice. We regularly review our patient numbers and close our books in order to maintain the high standards of care to our existing patients.**



*Book online for even more convenience*

## FLU VACCINES WE SHALL SOON BE ENTERING FLU VACCINE SEASON



PLEASE NOTE: the Flu vaccines are anticipated to be in stock from MARCH; there was a delay in stock last year but it is not expected this year.

The Eligibility criteria for FREE seasonal influenza vaccination:

1. **Anyone aged 65 years or over**
2. Age under 65 years with a medical conditions including:
  - Cardiovascular and cerebrovascular disease
  - Chronic respiratory disease (asthma if on regular preventive therapy)
  - Diabetes
  - Pregnant women
  - Cancer (excluding basal and squamous skin cancer if not invasive).
  - Other conditions (autoimmune disease, immune suppression, neuromuscular and central nervous system diseases, chronic renal disease, and haemoglobinopathies.
  - Children under 4yrs hospitalized or significant history of respiratory illness or those on long-term aspirin.

**Please ask if unsure if eligible for free flu vaccination.**

There will be a charge of \$30.00 for patients who request the vaccine but do not fulfill the criteria for a free vaccine.