

# NEWSLETTER

Issue 22

Autumn 2018

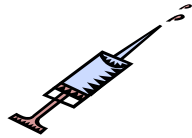
**WELCOME**

to our Glenfield Medical Centre Newsletter.  
This is a quarterly publication which we hope you will find both interesting and informative. If there is anything in particular you would like to see on here, please let us know.

\*\*\*\*\*

## FLU VACCINES

### **WE HAVE ENTERED THE FLU VACCINE SEASON.**



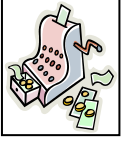
The Eligibility criteria for FREE seasonal influenza vaccination this year will be:

1. Anyone aged 65 years or over
2. Anyone aged under 65 years with medical conditions including:
  - Cardiovascular and cerebrovascular disease
  - Chronic respiratory disease (asthma if on regular preventive therapy)
  - Diabetes
  - Pregnant women
  - Cancer (excluding basal and squamous skin cancer if not invasive).
  - Other conditions (autoimmune disease, immune suppression, neuromuscular and central nervous system diseases, chronic renal disease, and haemoglobinopathies.
  - Children under 5yrs hospitalized or significant history of respiratory illness or those on long-term aspirin.

**Please ask if unsure if eligible for free flu vaccination.**

There will be a charge of \$30.00 for patients who request the vaccine but do not fulfill the criteria for a free vaccine.

#### TERMS OF TRADE



Glenfield Medical Centre is a 'payment on the day' business.

Payment is required at the end of each consultation. If monies are owing from a previous visit then payment will be expected before your consultation.

If an account is not settled at the time of consultation, an administration fee of \$15.00 will be added to the account. This fee will be waived if the account is settled within 14 working days.

To assist patients, we have the following facilities or options available:

- Eftpos
- Visa
- Mastercard

On line banking  
# 12 3072 0470 136 - 00  
Please use your surname and invoice number as a reference.

For those experiencing difficulties in paying on the day, we encourage you to set-up automatic payments to manage your accounts.

All non-paid accounts will be sent to our debt collection agency and an additional fee added to cover the cost of the debt recovery.

Ongoing refusal to pay a debt may result in no appointment being given.

If you are experiencing financial difficulties or have any queries regarding our Policy, please contact the Practice Manager to discuss your options.

#### **This autumn we celebrate:**

##### **April:**

- 2 World Autism Day
- 7 World Health Day
- 20 RSA Poppy Day
- 25-1<sup>st</sup> May Food allergy Awareness Week
- 30-6 May Immunisation Awareness Week

##### **May:**

- 1-31 Woman's Health Awareness
- 1 World Asthma Day
- 12 World Nurses Day
- 18 Pink shirt Day- Stand Up Against Bullying
- 31 World Smokefree Day

##### **June:**

- Bowel Cancer Awareness Month
- Men's Health Month
- 1 World Parents Day
- 5 World Environment Day

#### **Current Smoker?**

#### **Would you like help to quit?**

Our great Smoke-free team would be very happy to provide you with individualized support, advice and help to succeed. Talk to one of us today...

\*\*\*\*\*

#### *Pharmacy Opening Times:*

*Glenfield 7 Day Pharmacy (across the road) is open 8.30am to 10pm, 7 days a week*

# NEWSLETTER

Issue 22a

Autumn 2018

## Keep us updated.

Following your feedback regarding the frustration of having to complete an update form every couple of years, we have amended our arrival slips to include your demographic information. We will now just ask you periodically to please check that the information is correct and alter any changes. It is extremely important that the details we have on file for you are kept correct and current so please assist us when requested.

\*\*\*\*\*

## BOOKING APPOINTMENTS ONLINE.



Our patient portal is up and running and appears successful.

This service enables you to **book appointments** and **order repeat prescriptions** at a time that is convenient to you.

Should you wish to look at your **blood test results**, please speak to one of our receptionists or look on line for the consent form.

## **To access go to our website**

[www.glenfieldmc.co.nz](http://www.glenfieldmc.co.nz) and click on the link at the top of the page, and follow the registration /log-in instructions.

## **Easy as!**

This service is available for all our enrolled patients, over the age of 16yrs only.

*Ask us about the **FREE Shingles Vaccine.**  
If you are aged between **65 -80**, the shingles Vaccine is **FREE** for you*



- 97% of adults are at risk for Shingles because they have had chicken pox; about 1-3 will get Shingles in their lifetime
- Once you are over 50, your risk of shingles and associated chronic pain increases
- The pain of shingles can last for months, even years, after the rash has gone

---

## DRIVING LICENCE MEDICALS.

To undertake an accurate and comprehensive Driving License Medical a full 15 minute consultation is required and cannot be incorporated in with an appointment with other issues or requests. Thank you



Please note both the Flu vaccine and the Shingle vaccine require you to make an appointment with the nurse.